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## 2025 SPRING SKATING SCHOOL

**DATES: March 31 – May 30, 2025 @ Collicutt Center**

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*Club Administrator Phone: (403) 358-1701*  
*Email: [skatereddeer@hotmail.com](mailto:skatereddeer@hotmail.com)*  
*Web: [www.skatereddeer.com](http://www.skatereddeer.com)*

### **General Information**

- Spring School ice runs at the Collicutt Center 3031 30<sup>th</sup> Avenue.
- Registrations will be done on the website: [www.skatereddeer.com](http://www.skatereddeer.com)
- Red Deer Skating Club members can register first until March 17<sup>th</sup> then non-RDSC members may register.
- Mondays skaters are only allowed to take one session per day until May 5<sup>th</sup> at which time they can book the extra session Monday from 4-5pm.
- Test Day: May TBA. Simulation Ice: TBA
- Sessions are purchased by the session, not the amount of time your skater will be skating on that session.
- NO make up ice allowed.
- Drop-In is allowed if space permits. Please email the club and copy your coach 24 hours prior to the session. Drop In cost \$20/session.
- All sessions are OPEN sessions. Skaters of all levels are on the ice and may do freeskate, skills or dance on the session.

### **FIT Class or FLEX Class**

- An opportunity to enhance skating on the floor by doing jump technique, stretching, fitness, and more. Meet in the arena lobby. Please bring a yoga mat, water bottle and runners. Fees are included for this program but please add the class to your cart when registering. F&F class is for all Starskaters who would like to attend.

### **Train The Brain**

- Human Performance class for Prestar and Junior skaters to help with focus, training habits and positive self-talk. Fees are included for this program. Wednesdays April 9<sup>th</sup> & May 7<sup>th</sup> from 515-6pm in the upstairs boardroom. Please add to your cart at the time of registration.

### **Psyched 2 Perform**

- Human Performance class is for Starskaters to help with focus, training habits and positive self-talk. Fees are included for this program. Wednesdays April 9<sup>th</sup> and May 7<sup>th</sup> from 400-445pm in the upstairs boardroom. Please add to your cart at the time of registration.

## **Fees:**

Monday	Session #1	4:00-5:00PM	April 7, 14, 28 May 5, 12, 26	\$90.00
Monday	Session #15	4:00-5:00PM	May 5, 12, 26	\$45.00
Monday	Session #2	5:00-6:00PM	Mar 31 April 7, 14, 28 May 5, 12, 26	\$105.00
Tuesday	Session #3	6:45-8:00AM	April 1, 8, 15, 22, 29 May 6, 13, 20, 27	\$168.75
Tuesday	Session #4	4:00-5:00PM	April 1, 8, 15, 22, 29 May 6, 13, 20, 27	\$135.00
Tuesday	Session #5	5:00-6:00PM	April 1, 8, 15, 22, 29 May 6, 13, 20, 27	\$135.00
Wednesday	Session #6	4:00-5:00PM	April 2, 9, 16, 23, 30 May 7, 14, 21, 28	\$135.00
Wednesday	Session #7	5:00-6:00PM	April 2, 9, 16, 23, 30 May 7, 14, 21, 28	\$135.00
Wednesday	Session #8	6:15-7:15PM	April 2, 9, 16, 23, 30 May 7, 14, 21, 28	\$135.00
Wednesday	Session #16	4:00-5:00PM	May 7, 14, 21, 28	\$60.00
Thursday	Session #9	6:45-8:00AM	April 3, 10, 17, 24 May 1, 8, 15, 22, 29	\$168.75
Thursday	Session #10	4:00-5:00PM	April 3, 10, 17, 24 May 1, 8, 15, 22, 29	\$135.00
Thursday	Session #11	5:00-6:00PM	April 3, 10, 17, 24 May 1, 8, 15, 22, 29	\$135.00
Friday	Session #12	12:00-1:00PM	April 4, 11, 25 May 2, 9, 16, 23, 30	\$120.00
Friday	Session #13	4:00-5:00PM	April 4, 11, 25 May 2, 9, 16, 23, 30	\$120.00
Friday	Session #14	5:00-6:00PM	April 4, 11, 25 May 2, 9, 16, 23, 30	\$120.00
Monday	FIT & PRESTAR	5:15-6:00PM	April 7, 14, 28 May 5, 12, 26	\$0
Monday	FIT & FLEX	6:15-7:15PM	Mar 31 April 7, 14, 28 May 5, 12, 26	\$0
Tuesday	FIT & FLEX 1	4:00-4:45PM	April 1, 8, 15, 22, 29 May 6, 13, 20, 27	\$0
Tuesday	FIT & FLEX 2	5:05 -5:45PM	April 1, 8, 15, 22, 29 May 6, 13, 20, 27	\$0
Thursday	FIT & FLEX	6:15-7:15PM	April 3, 10, 17, 24 May 1, 8, 15, 22, 29	\$0
Wednesday	PSYCHED 2 PERFORM	4:00-4:45PM	April 9 May 7	\$0
Wednesday	TRAIN THE BRAIN	5:15-6:00PM	April 9 May 7	\$0

***\*The Red Deer Skating Club reserves the right to change the schedule.***

***\*\* Sessions # 1 & # 7 are ice sharing with Prestarskate until April 30<sup>th</sup>.***

## **Summer School**

The Red Deer Skating Club will be offering 6 weeks of Summer School. The registration package for Summer School will be emailed to the members and available on our website in March 2024.

## **Professional Coaching Staff**

The following Coaches are under contract with The Red Deer Skating Club to teach private lessons. Skaters are required to contact the coaches directly to book lesson times.

### **Patti Somer**

National Coach  
Coaching Since: 1982  
Rate: \$13.00  
Phone: 403-396-3964  
pattisomer@gmail.com

### **Lana Bellmore**

Provincial Coach  
Coaching Since: 1991  
Rate: \$13.00  
Phone: 403-506-1880  
lanabellmore@gmail.com

### **Jessica Mackay**

Provincial Coach  
Coaching Since: 2014  
Rate: \$12.00  
Phone: (780) 999-4192  
jess.sergeant@hotmail.com

### **Jennifer Shigematsu**

Provincial Coach  
Coaching Since: 1993  
Rate: \$ 12.00  
Phone: (780) 385-0222  
mjmk@live.ca

### **Morgan Rattai**

Provincial Coach  
Coaching Since: 2002  
Rate: \$12.00  
Phone: (780) 298-3258  
morganrattai@outlook.com

# APRIL 2025

# COLLICUTT CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	31 4-5 NO SESSION & NO Fit Class 5:00-6:00 Open 6:15-7:15 F&F	1 6:45-8:00am Open 4:00-5:00 Open 5:00-6:00 Open 4:00-4:45 F&F 5:05-5:45 F&F	2 4:00-5:00 Pre/Jr 5:00 -6:00 Open 6:15-7:15 Open 4:00-4:45 P2P 5:15-6:00 TTB	3 6:45-8:00am Open 4:00 - 5:00 Open 5:00 - 6:00 Open 6:15-7:15 F&F	4 12:00-1:00 Open 4:00-5:00 Open 5:00-6:00 Open	5
6	7 4:00-5:00 Pre/Jr 5:00-6:00 Open 5:15-6:15 Pre & F 6:15-7:15 F&F	8 6:45-8:00am Open 4:00-5:00 Open 5:00-6:00 Open 4:00-4:45 F&F 5:05-5:45 F&F	9 4:00-5:00 Pre/Jr 5:00 -6:00 Open 6:15-7:15 Open	10 6:45-8:00am Open 4:00 - 5:00 Open 5:00 - 6:00 Open 6:15-7:15 F&F	11 12:00-1:00 Open 4:00-5:00 Open 5:00-6:00 Open	12
13	14 4:00-5:00 Pre/Jr 5:00-6:00 Open 5:15-6:15 Pre & F 6:15-7:15 F&F	15 6:45-8:00am Open 4:00-5:00 Open 5:00-6:00 Open 4:00-4:45 F&F 5:05-5:45 F&F	16 4:00-5:00 Pre/Jr 5:00 -6:00 Open 6:15-7:15 Open	17 6:45-8:00am Open 4:00 - 5:00 Open 5:00 - 6:00 Open 6:15-7:15 F&F	18 <b>NO SKATING GOOD FRIDAY</b>	19
20	21 <b>NO SKATING EASTER MONDAY</b>	22 6:45-8:00am Open 4:00-5:00 Open 5:00-6:00 Open 4:00-4:45 F&F 5:05-5:45 F&F	23 4:00-5:00 Pre/Jr 5:00 -6:00 Open 6:15-7:15 Open	24 6:45-8:00am Open 4:00 - 5:00 Open 5:00 - 6:00 Open 6:15-7:15 F&F	25 12:00-1:00 Open 4:00-5:00 Open 5:00-6:00 Open	26
27	28 4:00-5:00 Pre/Jr 5:00-6:00 Open 5:15-6:15 Pre & F 6:15-7:15 F&F	29 6:45-8:00am Open 4:00-5:00 Open 5:00-6:00 Open 4:00-4:45 F&F 5:05-5:45 F&F	30 4:00-5:00 Pre/Jr 5:00 -6:00 Open 6:15-7:15 Open			

**MAY 2025**

**COLLICUTT CENTER**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 6:45-8:00am Open 4:00 – 5:00 Open 5:00 - 6:00 Open 6:15-7:15 F&F	2 12:00-1:00 Open 4:00–5:00 Open 5:00-6:00 Open	3
4	5 4:00 –5:00 Open 5:00 –6:00 Open 5:15-6:15 Pre & F 6:15-7:15 F&F	6 6:45-8:00am Open 4:00–5:00 Open 5:00-6:00 Open 4:00-4:45 F&F 5:05-5:45 F&F	7 4:00-5:00 Open 5:00 -6:00 Open 6:15-7:15 Open 4:00-4:45 P2P 5:15-6:00 TTb	8 6:45-8:00am Open 4:00 – 5:00 Open 5:00 - 6:00 Open 6:15-7:15 F&F	9 12:00-1:00 Open 4:00–5:00 Open 5:00-6:00 Open	10
11	12 4:00 –5:00 Open 5:00 –6:00 Open 5:15-6:15 Pre & F 6:15-7:15 F&F	13 6:45-8:00am Open 4:00–5:00 Open 5:00-6:00 Open 4:00-4:45 F&F 5:05-5:45 F&F	14 4:00-5:00 Open 5:00 -6:00 Open 6:15-7:15 Open	15 6:45-8:00am Open 4:00 – 5:00 Open 5:00 - 6:00 Open 6:15-7:15 F&F	16 12:00-1:00 Open 4:00–5:00 Open 5:00-6:00 Open	17
18	19 <b>NO SKATING VICTORIA DAY</b>	20 6:45-8:00am Open 4:00–5:00 Open 5:00-6:00 Open 4:00-4:45 F&F 5:05-5:45 F&F	21 4:00-5:00 Open 5:00 -6:00 Open 6:15-7:15 Open	22 6:45-8:00am Open 4:00 – 5:00 Open 5:00 - 6:00 Open 6:15-7:15 F&F	23 12:00-1:00 Open 4:00–5:00 Open 5:00-6:00 Open	24
25	26 4:00 –5:00 Open 5:00 –6:00 Open 5:15-6:15 Pre & F 6:15-7:15 F&F	27 6:45-8:00am Open 4:00–5:00 Open 5:00-6:00 Open 4:00-4:45 F&F 5:05-5:45 F&F	28 4:00-5:00 Open 5:00 -6:00 Open 6:15-7:15 Open	29 6:45-8:00am Open 4:00 – 5:00 Open 5:00 - 6:00 Open 6:15-7:15 F&F	30 12:00-1:00 Open 4:00–5:00 Open 5:00-6:00 Open	31